

Contact: Zen@BeTheDream.com

Phone: 480-633-7179

Skype: coach.zen



Zen Benefiel Biography:



Zen Benefiel is a Possibilities Coagulator, Socially Mediated Extrovert, Transformational Life Coach, Translational Leader and Virtual Do-Gooder. Mr. Benefiel was adopted six weeks after birth, beginning life as an orphan and reconnected with his birth mother in 2019. A **near-death experience** in college further enhanced his quest for identity. He speaks and writes on a wide variety of topics with humor, intelligence and wisdom. **His passion and purpose is to help facilitate a new world order of harmony among people and planet.**

He founded [Be The Dream, LLC](http://BeTheDream.com) in 1988 to incorporate a holistic approach to personal and professional development. His [professional activity](#) includes a plethora of passions; an [author](#) many times over, a blogger on several websites, a [motivational speaker](#), an organizational development consultant, a construction [partnering facilitator](#), an event producer, a [transformational life coach](#), a business and self-improvement workshop leader and [webmeister](#).

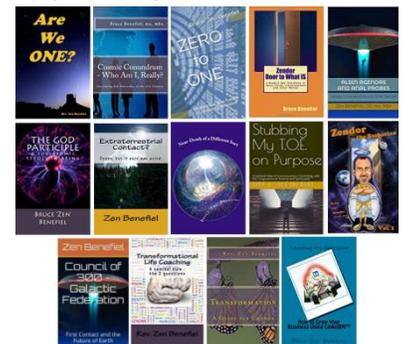
Mr. Benefiel has over 30 years of service spanning many industries and interests including aerospace manufacturing, education and instruction, large construction projects, peer advisory groups, theater and television. In the early 90s he produced and hosted over 100 [One World TV shows](#) featuring a wide variety of guests who discussed encountering and overcoming fears on the way to success. 'Zen' became his moniker during production of the show.

Educationally, Zen qualifies as a 'Phoenix' (#671) with a BS in Business Administration, MBA in Project Management, MA in Organizational Management, Secondary Teaching Certification from the University of Phoenix and Emergency Certification for Special Education from AZ Dept. of Education. He has professional certifications as a Transformational Life Coach and Hypnotherapist from the Southwest Institute of Healing Arts. He has crafted and delivered high school and college curriculum.

He is a 'contactee' or 'experiencer' since childhood in rural Indiana; something not too many admit privately let alone acknowledge publicly. **Zendor the Barbarian** series was his first writing of the details, a ten-year process. He has a particular passion for intertwining the practical and profound, exploring the depths of consciousness, cosmology, science and spirituality as a life-long passion. He crafted [MothershipCafe](#), curates [UfologyPRSS](#), facilitates discussions and speaks about Star Family encounters on many levels.

Zen developed PlanetaryCitizens.Net to showcase activists, collaborative alliances and world servers across multiple dimensions of global activity. His long-term project includes [Spectrum Academy](#), a model peer community for challenged teens and young adults and [Independence Arizona](#), a potential for making sense common politically. His clients include peer advisory board leaders, entrepreneurs and [solopreneurs](#) in a variety of markets.

His latest book, **ZERO to ONE – Making Our Way Toward a Conscious Civilization**, explores the relationships of inner and outer experiences, noting several internal systems as well as an evolving intelligence in humanity. The author demonstrates that there is an invitation for our civilization and human intelligence to evolve by showing his personal experiences of interacting with advanced intelligence and his lifetime exploration of human nature, cosmology, UFOlogy, and the modalities of experiencing the paranormal powers with like-minded people.



Zen lives in Arizona with his wife, Luba, who emigrated from St. Petersburg, Russia at 20.

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“Zen Benefiel, literally, takes us with him on his journey from drums to conundrums. His mind is facile as he weaves a narrative ranging from deep within the esoteric/ufology subculture to lessons of marriage, family, and business life. He draws upon archetypal psychology with a particular appreciation for the creative godhead archetype. If you read this book with an open heart, you may find yourself discovering new vistas of your own.”

Jeffrey Mishlove, PhD

Host, New Thinking Allowed YouTube channel

Zen's clips around the web...

- Nothing But The Truth: <https://youtu.be/FaMhQtx8p70> (2020)
- UFO News Network: <https://youtu.be/8S25zdE13MA> (2019)
- Lords of Consciousness: <https://youtu.be/QdG-eDHRo4k> (2019)
- New Thinking Allowed with Dr. Jeffrey Mishlove (3): <http://bit.ly/2OJ8b6r> (2018)
- Harness Your Creative Power: <https://youtu.be/3jaloyEscE> (2018)
- Are You Being Present: https://youtu.be/Fbfh9IjYr_U (2016)
- Interview on Law of Attraction: <https://youtu.be/AC7ullnyDEY> (2015)
- Interview w/ Adam Abraham: <http://youtu.be/28b7AHeF6kA> (2013)
- Topic UFO with Rick Scouler: <https://youtu.be/1e6ETiDOjCw> (2013)
- ET/UFO Panel - <http://youtu.be/ClvZ5mBbuiY> (2012)
- IANDS Presentation: <http://youtu.be/DlvkmP3eZk> (2010)
- The Stripper (Revealing Oneself): <http://youtu.be/gjINsd7Va5g> (1991)

Potential Questions:

1. Why do you openly talk about consciousness and other worlds? Doesn't that hurt your credibility?
2. What was it like knowing you were orphaned and adopted?
3. How did finding and meeting your birth parents affect your life?
4. What was your near-death experience like? How did you handle it?
5. What kinds of other extraordinary experiences did you have growing up?
6. After you moved to Arizona, how did you get the name *Zen*?
7. What advice do you have for those who are opening to their inner senses?
8. How do you find practical applications for your experiences in your work?
 - a. What is a transformational life coach?
 - b. What is a construction partnering facilitator?
9. What is your view on consciousness, metaphysics, science and the ufology phenomena now?
10. How did you find balance in your professional career and personal life, or did you?
11. How do you see others managing their experiences and addressing their fears?
12. Why did you create all the different websites? Is there a theme through them?
13. Do you have any kinds of facilitated experiences or workshops that you offer now?